

The 5th Annual Emerald Isle Triathlon, presented by Emerald Isle Business Association & Emerald Isle Parks & Recreation Department, will take place Saturday, October 18, 2008 at 8 A.M. in Emerald Isle, NC. The race includes a 750 meter swim in the Atlantic Ocean, 19.3k bike & a 5k run. Race timing/results will be handled by Kalerunning. Proceeds from the race benefit Emerald Isle Parks and Recreation and Emerald Isle Business Association.

EMERALD ISLE COURSE The race transition area for all phases is the Eastern Regional Ocean Access (2701 Emerald Drive). The swim is a 750 meter sprint in the Atlantic Ocean with an east-west tidal flow during Fall months. The bike course is a 19.3 kilometer out & back course along Hwy 58. The run is a 5 kilometer out & back run along Ocean Drive east to west. Water stations are provided at turn-around points for the run. The finish line is the mid-point of Park Drive entering the Eastern Ocean Regional Access

TEAM INFO There is only one team category. Teams must have 3 members. Entries must be mailed together and each member receives the same race benefits as individual racers.

AWARDS Prizes will be awarded to overall male and female first, second and third place finishers overall and in the following age groups; 15-16, 17-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65+, Clydesdale and Athena.

CONTACT Alesia Sanderson, asanderson@emeraldisle-nc.org, 252.354.6350

PACKET PICKUP Participants may pick up packets on Friday, October 17th, 2008 from 4-7pm at the Emerald Isle Community Center, 7506 Emerald Drive or race site on October 18th from 6-7am. VALID ID REQUIRED AND USAT WAIVERS MUST BE SIGNED.

MANDATORY RACE MEETING A mandatory pre-race meeting will be held at 7am on race day in the transition area. All racers must attend this meeting or forfeit participation. Safety information and changes due to weather, etc... will be announced at that time.

Last Name		First Name	
Address		City	
State	Zip	Phone	email
Date of Birth			
Print Name		Signature	Date
Parent/Guardian Signature		Relationship to Minor	Date
Age on Race Day			
Sex Male <input type="checkbox"/> Female <input type="checkbox"/>		T-shirt Size <input type="checkbox"/> M <input type="checkbox"/> L <input type="checkbox"/> XL <input type="checkbox"/> XXL	
Athena/Clydesdale <input type="checkbox"/> Yes <input type="checkbox"/> No			
Athena/Females over 150 lbs			
Clydesdale/Males over 200 lbs			
<input type="checkbox"/> \$45 (USAT Member)		<input type="checkbox"/> \$55 (Non-USAT Member)	<input type="checkbox"/> \$100 (Team)
		Total Amount Enclosed \$	
Team Name			

ENTRY FORM Registration must be received by October 10, 2008, 5 P.M.. No refunds after that date. This entry form is invalid without the waiver signed. Register using this form provided or online at www.active.com.

PAYMENT Checks and money orders should be made payable to Emerald Isle Business Association. Mail entry form along with payment to: Emerald Isle Parks & Recreation, 7500 Emerald Drive, Emerald Isle, NC 28594